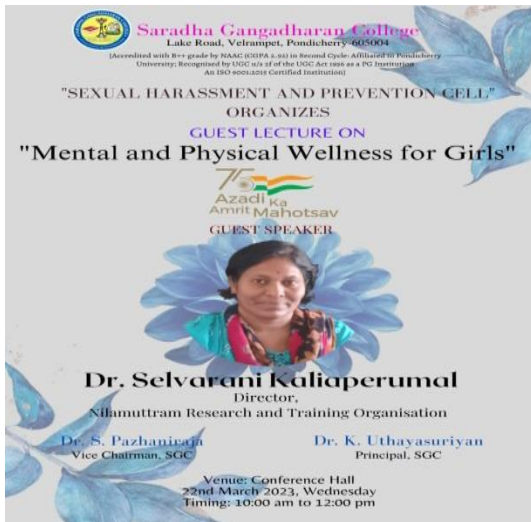



**SARADHA GANGADHARAN COLLEGE**  
**SEXUAL HARASSMENT PREVENTION CELL**

1. Our cell organized a guest lecture on 22<sup>nd</sup> March, 2023 with respect to Azadi ka Amrit Mahotsav on the topic “MENTAL AND PHYSICAL HEALTH FOR GIRLS”. Guest speaker of the day was Dr. K.Selvarani, Director, Nila Muttram research and training organization she is well recognized organizer of various events to solve problems of the public. Totally 95 girl students attended the programme. Guest speaker spoke about health is wealth highlighting without good health having plenty of wealth is a waste. So, wealth is waste if health is not maintained properly. Importance of physical and mental wellness were discussed among the students. Speaker interacted with all students and their doubts relating to the topic was cleared. Students were injected with the information that they have to think about maintaining their health both physical and mental. If one wellness is not good the other is of no use. This day was concluded with the point that all must take care of their health.




2. On 9.3.2023 our cell organized a guest lecture on “ BEYOND GENDER BARRIERS “ for girl students of 100 from various departments. Guest speaker of today was Dr. Ananthalakshmi Hemalatha, Assistant Professor, Department of English, Tagore Government Arts & science college, Puducherry. She addressed to the gathering about the barrier issues faced by girls, how to make them applicable to their future life, overcoming differentiation of gender wherever possible and many points relating to gender bias in future also. Her speech was interesting and interactive. It was one to one conversation and all students were listening to her points. Finally she concluded that the life will have many problems and it must be handled with proper care.




**Saradha Gangadharan College**  
 Lake Road, Velrampet, Pondicherry-605004  
[Accredited with B++ grade by NAAC (CGPA 2.92) in Second Cycle: Affiliated to Pondicherry University; Recognised by UGC u/s 2f of the UGC Act 1956 as a PG Institution An ISO 9001:2015 Certified Institution]

**"SEXUAL HARASSMENT AND PREVENTION CELL"**  
 ORGANIZES  
 GUEST LECTURE ON  
*"Beyond Gender Barriers"*  
 GUEST SPEAKER



**Dr. Ananthalakshmi Hemalatha**  
 Assistant Professor,  
 Department of English,  
 Tagore Government Arts and Science College  
 Pondicherry-605008.

**Dr. S. Pazhaniraja**  
Vice Chairman, SGC

**Dr. K. Uthayasuriyan**  
Principal, SGC

Venue: Conference Hall  
 9th March 2023, Thursday  
 Timing: 10:30 am to 11:30 am

3.

**REPORT ON**  
**CAPACITY BUILDING**  
**&**  
**PERSONALITY DEVELOPMENT PROGRAM (PDP)**

**27<sup>th</sup> APRIL, 2023**

**Sponsored by**



**NATIONAL COMMISSION FOR WOMEN**  
**NEW DELHI**

Saradha Gangadharan College, Puducherry organized a one day Capacity Building and Personality Development Programme (PDP) in collaboration with National Commission for Women, New Delhi on 27-04-2023 from 10 AM onwards. Three hundred Under Graduate and Post Graduate female participants from various streams of our college and few students from other colleges of puducherry attended this training programme. The event commenced with a compact inauguration with the chief guests Dr. Aashita, Head, Centre For Women Studies, Pondicherry University, Puducherry and Mrs, S. Amudha, Member Secretary, State Women's Commission & Deputy Director, Department of Women & Child Development, Puducherry, Vice-Chairman and Principal of the College. Chief guest of the day spoke about the economic empowerment of women and female must be socially capable by understanding their role in every stage of their life. All the guests of the day spoke about the importance of various skills students must possess for leading a successful career in their life.

**PURPOSE**

The purpose of the event was to Understand listening as a soft skill, Know about brainstorming for career development, Explore effective time management, Enable learners to gain knowledge about stress management.

**EVENTS**

Session 1 – Personal Capacity Building

Session 2 – Professional Career Skills

Session 3 – Digital Literacy and Effective Use of Social Media

Target: U & PG female Students.

Aid: Presentation, Modules of the program

This training focused on preparing students for entering into the job/employment market. It focused on learning and applying the use of in-built, reasonable and critical thinking, Communication and interpersonal skills. These skills and behaviour sets will enhance the

outcome of employability. The students understood the importance of skills and knowledge to be equipped in their life and how to be prepared for facing job world in their future.







